Project Goal WORKSHEET

Project:

Vision	Timeframe

Share

1) _____

2) _____

3) _____

Motivators	Roadblocks

Action Steps	Measurement of Success	Additional Resources

HOW WILL YOU CELEBRATE?!

Schedule It

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

© Nikki Kinzer – Take Control ADHD
takecontroladhd.com